SHAREABLES

GARLIC FRIES



vegan | gluten free

garlic | parsley | garlic aioli

HOUSE MADE PRETZELS



vegan option | vegetarian

beer cheese | stone ground mustard

+ make it vegan with cashew queso

CHICKEN QUESADILLA (16)



vegan option

marinated chicken breast | cheddar blend | pinto beans | chipotle aioli | cilantro | guacamole | salsa | lime crema

+ make it vegan with FYH mozzarella & onion

CHORIZO OUESO NACHOS (17)



vegan option | gluten free option

queso | chorizo | onion | pinto beans | tomato | pickled jalapeno | cilantro | lime crema | guacamole | salsa

+ make it vegan with cashew queso

5 MILE PORK SLIDERS (13)



shredded pork | huckleberry slaw | sweet chili bbq sauce | crispy onion

EDAMAME (8)



vegan | gluten free — all three flavors

choose your flavor: salted | garlic butter | sweet and spicy

5 MILE CAULIFLOWER WINGS (13)



house breaded crispy cauliflower | choose your flavor: buffalo, bbq

FRIED AVOCADO TACOS (12)



fried avocado | cilantro lime slaw | mango pico de gallo | sweet chili aioli | cilantro | De Leon's white corn tortillas

MARGHERITA FLATBREAD (13)



vegan option | vegetarian | gluten free option

roasted garlic | olive oil | mozzarella | tomato | basil | balsamic glaze

- + make it vegan with FYH mozzarella
- + gf crust \$3

BUFFALO CAULIFLOWER FLATBREAD



vegan | gluten free option

fried cauliflower | buffalo sauce | red onion | green onion | cilantro | vegan ranch

+ gf crust \$3

EAWES

DRESSINGS:

pear vinaigrette | balsamic vinaigrette | honey mustard | caesar | bleu cheese | ranch | vegan ranch

+ make any salad a wrap w/side \$2

OREGONZOLA STEAK SALAD (20)



nw raised angus steak | organic baby spinach | bleu crumble | bacon | dried cranberries | apple | candied walnuts | bleu cheese dressing

SALMON CAESAR (18)



alaskan sockeye | romaine | parmesan | croutons | caesar

CHICKEN BSTA SALAD (17)



grilled chicken | organic baby spinach | bacon | tomato | avocado | croutons | choice of dressing

+ blackened chicken \$1

ARUGULA & PEAR SALAD



vegan option | vegetarian | gluten free

arugula | pear | candied walnuts | tomato | onion | cucumber | feta | pear vinaigrette

+ make it vegan with vegan parmesan

MANGO FIESTA SALAD (15)



vegan option | vegetarian | gluten free

organic baby spinach | avocado | mango| bell pepper | red onion | chili roasted cashews | cilantro | queso fresco | tajin| mango vinaigrette

+ make it vegan with vegan cheese

CASCADIA HOUSE SALAD (10) WHOLE (6) HALF







vegan option | vegetarian | gluten free option

organic baby spinach | tomato | onion | carrot | croutons | parmesan | choice of dressing

+ make it vegan with vegan parmesan

*Consuming raw or undercooked meats, poultry, shelfish, or eggs may increase your risk of foodborne illness.

*Although we do our best to prevent cross contamination, we use shared equipment and cannot promise completely allergen free food.

Our 3% service charge on each guest check is fully retained by the company. It is used 100% to provide fair wages to our kitchen staff with equitable pay and benefits to our entire team. Thank you for your support!

BURGERS & SANDWICHES

ALL BURGERS & SANDWICHES SERVED WITH FRIES | SEASONAL FRUIT | OR HOUSE SALAD

SUB GARLIC OR HERB PARMESAN FRIES + \$1.50 | SUB MAC&CHEESE OR CURRY MAC + \$5 | SUB GF BUN + \$3

*CASCADIA BURGER (17)



gluten free option

nw raised beef | bacon | fried egg | tillamook cheddar | butter lettuce | tomato | onion | garlic aioli | alpine bakery bun

*TRAIL <u>Blazer</u> (<u>17</u>)



vegan option | gluten free option

nw raised beef | bacon | fire roasted jalapenos | crispy onion | tillamook pepperjack | butter lettuce | tomato | sriracha aioli | alpine bakery bun

+ make it vegan with impossible patty | FYH vegan cheese +1

*MUSHROOM BURGER



vegan option | gluten free option

nw raised beef | crimini mushroom | carmelized onion | arugula | swiss | basil garlic aioli | alpine bakery bun

+ make it vegan with impossible patty | FYH vegan cheese +1

*BASIC BURGER



vegan option | gluten free option

nw raised beef | butter lettuce | tomato | onion | pickle | tillamook cheddar | house sauce | alpine bakery bun

+ make it vegan with impossible patty | FYH vegan cheese +1

*NW STEAK DIP



gluten free option

nw raised angus sirloin | fontina | crispy onion | horseradish aioli | au jus | hoagie

*WEST COAST PHILLY



vegan option | gluten free option

nw raised angus sirloin | grilled onion | peppers | mushroom | tillamook american | chipotle aioli | hoagie

+ make it vegan with impossible patty | FYH vegan cheese +1

SHRIMP PO'BOY (17)



fried cajun jumbo shrimp | shredded lettuce | tomato | sriracha aioli | Fletcher's hot sauce | green onion | alpine bakery hoagie

MAC & CHEESE (15) WHOLE (8) HALF





penne | fontina | parmesan | smoked cheddar | herbs | breadcrumbs | alpine bakery baguette

+ chicken \$7

CURRY MAC





penne | coconut herb sauce | herbs | bread crumbs | alpine bakery baguette

TURKEY MELT (16)



gluten free option

turkey breast | bacon | smoked gouda | butter lettuce | tomato | pesto aioli | grilled sourdough

CRISPY CHICKEN



vegan option

house breaded chicken | bacon | tillamook pepperjack | butter lettuce | tomato | pickle | chipotle aioli | alpine bakery bun

+ make it vegan with crispy vegan chick'n | FYH vegan cheese +1

HOT HONEY



vegetarian option

hot honey glazed house breaded chicken | slaw | pickle | sriracha aioli | alpine bakery bun

+ make it vegetarian with crispy vegan chick'n

CHICKEN BLTA



gluten free option

grilled chicken breast | bacon | lettuce | tomato | avocado | pesto aioli | artisan ciabatta bun

PESTO CHICKEN



vegetarian option | gluten free option

grilled chicken breast | basil garlic pesto | arugula | sun-dried tomato cream cheese | balsalmic glaze | artisan ciabatta bun

TOFU BANH MI (16)



vegan | gluten free option

marinated tofu | bahn mi slaw | cucumber | fresh jalepeno | cilantro | sriracha aioli | hoagie

TLTA (16)



vegan | gluten free option

marinated smokey small planet tofu | avocado | butter lettuce | tomato | basil aioli | grilled sourdough

BBO TOFU



vegan | gluten free option

bbq glazed small planet tofu | coleslaw | crispy onion | alpine bakery bun

*STEAK & FRITES (23)



choice angus flat iron steak | chimichurri | herb fries

SHRIMP & GRITS (19)



gluten free

cajun jumbo shrimp | andouille sausage | fire roasted poblano | cheesey grits | chili sauce | parsley